

PROCESSING THE ISSUES OF YOUR HEART

It's NEVER too late
for a Fresh Start!

Part 1

Who has offended or hurt you?
Or, who or what have you lost?

Part 2

How have you been affected?

Part 3

How have you responded?

Part 4

Pour out your heart to the Lord.
Give thanks and submit to His
sovereignty.

Part 5

Forgive the person who hurt
or offended you. Repent and
receive God's forgiveness for
your response.

Part 6

Release the person, the
offense, hurt, or loss to the
Lord.

“How is Your Heart?”

Proverbs 4:23

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