

THE HOUSE OF COMMUNICATION



- **SENSE DATA:** Using words to establish context for your communication by referring to one or more of your five senses - See, Hear, Taste, Touch, Smell.
- **THOUGHTS:** Using words to share your thoughts, beliefs and perceptions related to your sense data.
- **FEELINGS:** Using words to describe your feelings or emotions.
- **DESIRES**
Using words to describe your desires and/or intentions.
- **ACTION:** Using words to convey your commitment, decision, or plan of action.

THE GOAL OF EFFECTIVE COMMUNICATION:

UNDERSTANDING!

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