

ESCAPING TEMPTATION

DISCOVERY STEPS

1. Identify the Temptation

- * What temptation is common to you?

1 Corinthians 10:13

2. "Buttons," "Triggers," and "Scenes" of the Temptation

- * How does this temptation usually present itself?
- * What is (are) the scene(s) of this temptation?

3. Typical Responses to the Temptation

- * How do you typically respond?
- * How have you tried to resist this temptation?

4. The Snares of the Temptation

- * Which of the following biblical mandates have you violated and how?

- Make no provision for the flesh...

Romans 13:14

- Avoid all appearance of evil.

1 Thessalonians 5:22

- Avoid the paths or scenes of temptation.

Proverbs 7:6-27

- Flee youthful lusts...

2 Timothy 2:22

See the other side of this card.

ESCAPING TEMPTATION

ACTION STEPS

5. Exercise Your Will

- * What are some specific choices that you will make to avoid repeating future violations?

Galatians 5:16

6. Exchange Your Life

- * Repent of all sin(s) committed in thought, word, or deed, and exchange your “self-life” for Christ’s Life.

1 John 1:9
Ephesians 4:26-32
Romans 6:1-14
Galatians 2:20

7. Renew Your Mind

- * Renew your mind through your true identity in Christ to counter the temptation.

1 Corinthians 1:30
2 Corinthians 5:21
Ephesians 1:6
Romans 8:1

8. Resist The Devil

- * Submit to God and Resist the Devil.

James 4:7
Ephesians 1:17-23
Ephesians 2:6

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